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Audition of old in the Basic Attention: perception of the subject.

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Abstract

The quantity of old ones that it declares to have some difficulty to hear according to the last Census in 2010 exceeds 21,6% (9.717.328 individuals). One of the implications of this population increase, in this age group, will be a possible increase of the presbiacusia, which is the loss of audition associated to the aging. The old thing with hearing loss can lose informations and deal with consequences psicossociais, like the isolation. The work has as I aim to know the perception that the old ones have on his audition. The old users of the basic attention of the city of Campinas-SP answered the questions of the part that treats hearing questions contained in the Project "Saúde, Bem-Estar e Envelhecimento (SABE)". The sample counted on 30 elderly, 19 women and 11 men, the age average was of 72,8 % between 61 to 85 years. There was straight relation with the perception of the audition with dizziness complaints and falls. It was possible to give visibility for the hearing questions in old. Very often the old ones do not realize signs of a possible loss of the audition before there appear complaints that confuse daily tasks as he will speak to the telephone and will talk in public. The audition subsidizes the familiarity in the society that is damaged by the impossibility of hearing. The old thing, very often, leaves situations of familiarity in society for the difficulty in the communication.

Key words:

Aging, Audition, Promotion of the Health.

Introduction

In Brazil, the population segment that more has been increasing is the old population, which points to the necessity of public policies considering the importance of the maintenance of the autonomy and social participation. The quantity of old ones that it declares to have some difficulty to hear according to the last Census in 2010 exceeds 21,6% (9.717.328 individuals). In this age group, it is possible to take place to presbiacusia, which is the loss of audition associated to the aging. Old being and to have a hearing loss in a young society, can do so that he loses informations and stops being an assets in the society in which he lives, avoiding communicative situations in the familiar and social extent. The objective of the work is to know the perception that the old ones have on his audition.

Results and Discussion

There are treated as an inquiry of quantitative and qualitative approach, with subjects older than 60 years, residents of the territory of the Center of Health "Dr. Laerte de Moraes" (Garden Eulina), who answered a well-adjusted questionnaire of the Project Saúde, Bem-Estar e Envelhecimento (SABE) and who suffered inspection of the extern acoustic small canal – meatoscopy. The inquiry was approved by the Committee of Ethics of the Faculty of Medical Sciences for the number 1.720.703.

The sample disposed of 30 subjects, 19 (63,3%) women and 11 (36,6%) men, the age average was of 72,6% between 61 to 85 years. The results were analysed statistically by the analysis exploratory of given with a level of signification of 5%. Two subjects were directed to hearing evaluation and one for cerumen retreat in the unity. In all the attended cases there was the evolution in the medical records. There was straight relation with the perception of the audition with dizziness complaints and falls. Some hearing complaints as the necessity of which

the persons repeat what they said or speak loudly, the necessity of lifting up the volume of the electronic appliances, besides the reports of leaving interests and activities for the hearing difficulty also were reported by the participants.

Conclusions

With the development of the project in the unity it was possible to give visibility for the hearing questions in old. In this way, the investigation by part of the team of health of hearing questions was polished with the glance of the speech therapy. Very often the old ones do not realize signs of a possible loss of the audition before there appear complaints that confuse daily tasks as he will speak to the telephone and will talk in public. The audition subsidizes the familiarity in the society that is damaged by the impossibility of hearing. The old thing, very often, leaves situations of familiarity in society for the difficulty in the communication.

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